



KEY TAKEAWAYS FROM THE EVENT

Building a Life, Not Just a Net Worth with Sahil Bloom

Unlock the power of intentional living and discover how to use money as a tool for purpose, happiness and lasting impact.

As you rethink what wealth and happiness mean to you, your Thrivent financial advisor can work with you to create a personalized plan that reflects your values, priorities and long-term goals.

- 1 Define wealth beyond money.**
Money matters, but it's only one part of a truly wealthy life. Real wealth also includes your time, relationships, mental purpose, physical health and financial stability working together.

- 2 Let your actions reveal your true priorities.**
There's often a gap between what we say matters and what our calendars and habits show. Life improves when your daily actions align with what you value most.

- 3 Use money as a tool, not a scoreboard.**
Money supports happiness up to a point, but chasing "more" for its own sake can become a trap. Use money intentionally to build the life you actually want.

- 4 Redefine success around "enough."**
A clear picture of what "enough" looks like—where you live, who you're with and how you spend your time—creates lasting contentment and prevents endless comparison.

- 5 Protect what you're not willing to sacrifice.**
Pair every goal with an "anti goal." Decide upfront what you won't trade away—like health, family or relationships—while pursuing success.

6 **Pay attention to what gives and drains your energy.**

Your best outcomes follow your energy. Regularly notice which activities and people lift you up, and make small changes to spend more time there.

7 **Build wealth by serving others.**

The most fulfilled lives are centered on service—to family, community and causes. Acting for something bigger than yourself strengthens every type of wealth.

Questions?

Speak with your financial advisor to learn more about creating a personalized plan to support the future you want.

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