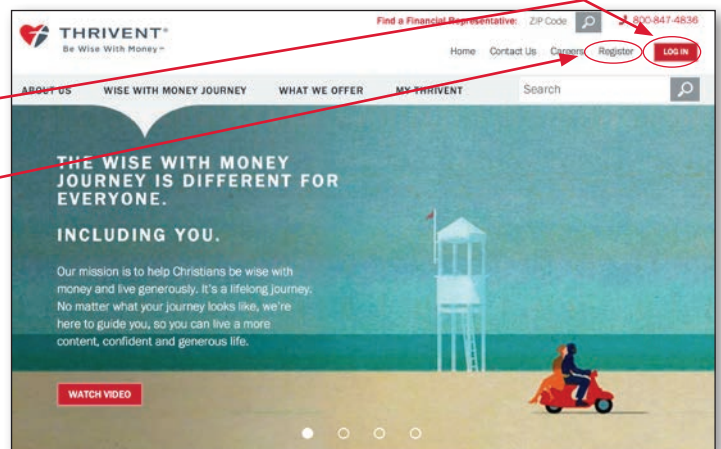




HOW TO LOG IN TO THRIVENT.COM

Step 1: Log in to MY THRIVENT.

- Select the “LOG IN” button and enter your user ID and password.
- If you are not already registered, choose “Register” and follow the steps.

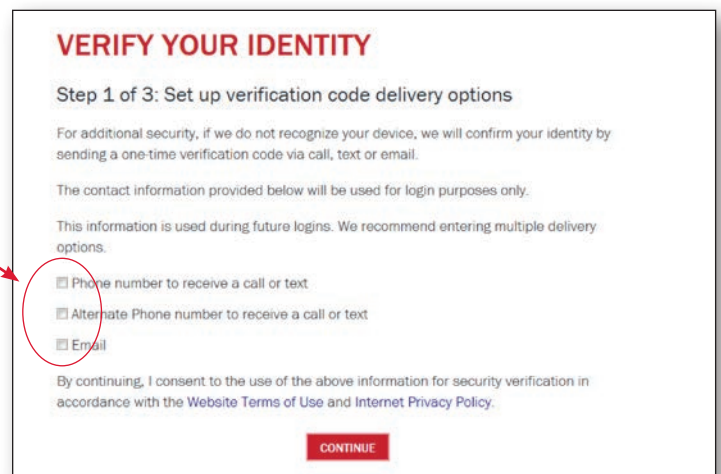


Step 2: Set up verification code delivery options.

You may select any or all of them, but at least one is required. As noted, we recommend providing more than one.

Members who live outside the U.S. must use email; international phone numbers are not accepted.

Click **Continue**.



Step 3: Enter and confirm the information for the option(s) chosen and click **Continue**.

Phone number to receive a call or text
Phone number: Confirm phone number:
Format: xxx-xxx-xxxx

Alternate Phone number to receive a call or text
Alternate phone number: Confirm alternate phone number:
Format: xxx-xxx-xxxx

Email
Email: Confirm Email:
Format: email@example.com

By continuing, I consent to the use of the above information for security verification in accordance with the Website Terms of Use and Internet Privacy Policy.

CONTINUE

Step 4: Select how to receive the code.

Select the appropriate radio button and click to generate a call, text or email containing the verification code.

VERIFY YOUR IDENTITY

Step 1 of 2: Receive verification code

To verify your identity and protect your account, we're going to send you a verification code to type in.

Select how you'd like to receive this code.

Phone number
(***-***-1234)

Alternate phone number
(***-***-5678)

Email
(t***@email.com)

Email
(t***@email.com)

Why do I have to receive a verification code? [?](#)

By selecting to receive a verification code you agree to the Website Terms of Use and Internet Privacy Policy. Text users: You will receive only one text message per verification code request. Message and data rates may apply.

Step 5: Enter the verification code.

If applicable, click the “Didn’t get the code?” link to have a new code sent.

Note that codes expire after 10 minutes.

VERIFY YOUR IDENTITY

Step 2 of 2: Enter verification code

* Indicates required field

Enter the verification code sent to your email.
Do not close this page while retrieving your code.

* Verification Code:

Didn't get the code? [?](#)

Didn't get the code? Make sure:

- Your email address is correct
- You check your spam/junk email folder
- You give it a minute

[Resend the code.](#)

CLOSE

* Remember the device I'm using?
 Yes, register my personal device. For added protection, you may still be asked for a verification code.

By clicking Yes, you consent to Thrivent placing a cookie on your device for security purposes. To delete this cookie, please see instructions in our Internet Privacy Policy.

No, this is NOT my personal device.

[Back](#)

Step 6: Select **Yes** to register/remember the device or **No** if the device should not be registered/remembered.

Step 7: Click **Submit** to log in.



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