

Subaccount Transfer Selection

Member ID

Contract number

- Variable Deferred Annuity
 Variable Immediate Annuity
 Variable Universal Life
 Variable Settlement Option

Refer to your prospectus for information about the subaccounts availability. Do not use this form for a Fixed Period Allocation Renewal Request.

Section 1 - General Information

Name of annuitant/insured (print title, first, middle, last name and suffix, as applicable)

Section 2 - Transfer Information

Transfer From	Transfer To
<input type="checkbox"/> Transfer 100% of all current subaccounts excluding Fixed Account <input type="checkbox"/> Transfer 100% of all current subaccounts <input type="checkbox"/> Transfer 100% of all subaccounts including the maximum allowable amount from the Fixed Account (If you select one of these options, do not complete the section below. Continue with the Transfer To section.)	percentage total must = 100%

Subaccount Name	Amount or Percent	Subaccount Name	Amount or Percent
Aggressive Allocation	\$ or %	Aggressive Allocation	\$ or %
Moderately Aggressive Alloc	\$ or %	Moderately Aggressive Alloc	\$ or %
Moderate Allocation	\$ or %	Moderate Allocation	\$ or %
Moderately Conservative Alloc	\$ or %	Moderately Conservative Alloc	\$ or %
Partner Healthcare	\$ or %	Partner Healthcare	\$ or %
Ptr Emerging Markets Equity	\$ or %	Ptr Emerging Markets Equity	\$ or %
Real Estate Securities	\$ or %	Real Estate Securities	\$ or %
Small Cap Growth	\$ or %	Small Cap Growth	\$ or %
Small Cap Stock	\$ or %	Small Cap Stock	\$ or %
Small Cap Index	\$ or %	Small Cap Index	\$ or %
Mid Cap Stock	\$ or %	Mid Cap Stock	\$ or %
Mid Cap Index	\$ or %	Mid Cap Index	\$ or %
Partner Worldwide Allocation	\$ or %	Partner Worldwide Allocation	\$ or %
Partner All Cap	\$ or %	Partner All Cap	\$ or %
Large Cap Growth	\$ or %	Large Cap Growth	\$ or %
Partner Growth Stock	\$ or %	Partner Growth Stock	\$ or %
Large Cap Value	\$ or %	Large Cap Value	\$ or %
Large Cap Stock	\$ or %	Large Cap Stock	\$ or %
Large Cap Index	\$ or %	Large Cap Index	\$ or %
Low Volatility Equity	\$ or %	Low Volatility Equity	\$ or %
Balanced Income Plus	\$ or %	Balanced Income Plus	\$ or %
Diversified Income Plus	\$ or %	Diversified Income Plus	\$ or %
Multidimensional Income	\$ or %	Multidimensional Income	\$ or %
High Yield	\$ or %	High Yield	\$ or %

Opportunity Income Plus	\$	or	%	Opportunity Income Plus	\$	or	%
Income	\$	or	%	Income	\$	or	%
Government Bond	\$	or	%	Government Bond	\$	or	%
Limited Maturity Bond	\$	or	%	Limited Maturity Bond	\$	or	%
Money Market	\$	or	%	Money Market	\$	or	%
Fixed Account*	\$	or	%	Fixed Account*	\$	or	%
3 Year Fixed Period Allocation	\$	or	%	3 Year Fixed Period Allocation	\$	or	%
5 Year Fixed Period Allocation	\$	or	%	5 Year Fixed Period Allocation	\$	or	%
7 Year Fixed Period Allocation	\$	or	%	7 Year Fixed Period Allocation	\$	or	%

*Fixed Account is not available for subaccount transfers on LB VUL contracts.

For AAL and Thrivent Financial Variable Annuities: 25% maximum transfer limit each contract year from the Fixed Account.

For LB Variable Annuities: Transfers from the Fixed Account are limited to within 45 days after the contract anniversary.

For AdvisorFlex Variable Annuity: \$10,000 or 50% of the fixed account, value at the time of first surrender in that contract year, whichever is greater.

A market value adjustment (MVA) may apply to transfer from a Fixed Period Allocation.

Section 3 - Agreements and Signatures

Signature of owner/controller/assignee*	Date signed
X	

Title (if applicable)

Signature of owner/controller/assignee	Date signed
X	

Title (if applicable)

Name and code number of representative

***Absolutely Assigned Contracts** - Absolute assignee is:

- 1) Person(s) - individual(s) signature required; or
- 2) Business Entity - one authorized signer's signature is required. Business Entity Authorization (form 23438) must be on file; or
- 3) Qualified Retirement Plan - plan trustee(s) signature is required. Qualified Retirement Plan Certification (form 24742) must be on file.

457 plans and nonqualified deferred compensation plans require Business Entity Authorization (form 23438) on file.

Collaterally Assigned Contracts - Owner and collateral assignee; one officer's signature and title for a corporation, church, or partnership.

Irrevocable Beneficiary - All irrevocable beneficiaries signatures are required if the contract(s) contains irrevocable beneficiaries.

If copies of supporting legal documents for trust, POA, guardian, conservator are not on file with Thrivent Financial, this request may be delayed.

This form may be used for Thrivent Life Insurance Company (Minneapolis, MN 55415), a wholly owned subsidiary of Thrivent Financial for Lutherans. If used in this form, "Thrivent Financial" refers to Thrivent Financial for Lutherans and Thrivent Life Insurance Company.