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Mia joined Thrivent in 2016. Prior to her current role, she utilized her degrees in Exercise Science and Kinesiology to help athletes and the general population achieve health, fitness and athletic goals at Mayo Clinic and the University of Minnesota.

Mia's transition to this industry was prompted by her own personal experience. She is dedicated to helping clients find clarity in their situations through education and ongoing guidance. She strives to empower clients to work toward their present and future goals.

Outside of work, Mia loves to spend time with family and friends. She is the proud mother of two daughters, Jayda (8) and Laila (6). She also serves her community through the following organizations: Bolder Options, Diversity Council, FAITH! Program, Girl Scouts and Youth Olympic Weight Lifting.

Schedule an appointment

Education and Experience

- FINRA Series 63 Uniform Securities Agent State Law Exam.
- FINRA Series 7 General Securities Representative.
- FINRA Series 65 Uniform Investment Advisor.
- Life & Health Insurance License in all 50 states.
- Masters in Kinesiology, UMN, 2013.
- Bachelors in Exercise Science, USF, 2004.
- Thrivent financial professional since 2016.

Specializations

I specialize in the following:

- Retirement planning
- Investments
- Life insurance
- Education funding strategies
- Estate strategies
- Savings strategies
- Solutions for businesses

The Virtual Advice Team is a team of licensed financial advisors and professionals available to assist you during designated business hours. Our team offers a full variety of products and services. If you prefer to meet with a local financial advisor or professional, our team can connect you with someone in your area. Whether you work with the Virtual Advice Team, or with a local Thrivent financial advisor or professional, there will generally be no difference in the fees and expenses you will incur.

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